**Consistency**

Sticking with it, giving your very best, having self-discipline, seeing things through, being determined, being assiduous, having endurance.

1. I am very persistent at:
2. The reason I am so persistent at:
	1. Is because
3. I really need to be more persistent at:
4. The reason I’m not very persistent at:
	1. is because
5. I could become more persistent if I did the following: